

*A natural way to
revitalize your life*
FOR BOTH MEN & WOMEN



Re-Vita'
L I F E

*Sub-dermal bio-identical hormone
Replacement pellets*

Yes, you can feel healthy, vibrant and sexy throughout your entire life. Why suffer from Premenstrual Syndrome, Menopause and andromenopause when Re-Vita' Life can give you the balance and overall well being to make you the revitalized new you that you were meant to be.

What are bio-identical hormones?

They are plant based compounds formulated in a lab to match the molecular structure of human hormones.

What are pellets?

Pellets are compounded in a reputable, qualified pharmacy with the best quality botanical ingredients available.

Pellets are a way of delivering the hormones to match the way they were once naturally delivered by the human body. They offer the opportunity to:

- 🌀 Deliver the right hormone (bioidentical)
- 🌀 The right way (delayed delivery system)
Over an extended period of time
- 🌀 In the right amounts (formulated to meet your individual needs)

They are derived from a natural plant source and other plant based ingredients.



Pure 🌀 *Natural* 🌀 *Balanced*
Non-Synthetic Formula

What can it do for me?

- 🌀 Increase energy and vitality
 - 🌀 Renew physical and emotional well being
 - 🌀 Enhance libido and increase sexual desire
 - 🌀 Decrease body fat
 - 🌀 Reduce fatigue and lethargy
 - 🌀 Increase mental focus and clarity
- 🌀 Increase concentration
 - 🌀 Improve memory
 - 🌀 Relieve anxiety
 - 🌀 Relieve depression
 - 🌀 Protection from heart disease
 - 🌀 Lower cholesterol
 - 🌀 Improve bone health



How do I get started?

Schedule an appointment by calling 856-262-8300 and ask for a Re-Vita' Life Evaluation. Once you schedule an appointment you will receive a packet. Complete and return the information in the packet and have your blood work done at a local lab prior to your scheduled appointment.

At your first visit the doctor will discuss your blood test results, review your history and prescribe the appropriate amount of hormones individualized to your needs.

What is the procedure like?

A small pellet is slipped under the skin with a specialized instrument after the skin has been numbed by a topical anesthetic. It is placed in the upper buttock and takes less than 5 minutes to insert.

The pellet will release a steady amount of low dose hormones directly into the blood stream just like a hormone is naturally meant to be released in our bodies, when our body is in need of it.

Then brief repeat visits about 3- 4 times each year to re-insert the pellets will be needed.

Some pellets may last up to 5-6 months or even longer.

Are there any side effects?

Side effects are rare in both men and women. However, you may experience the following:

In Women:

- ☞ Transient breast tenderness lasting 7-10 days following first insertion
- ☞ Acne is a rare occurrence
- ☞ Facial hair growth is rare and occurs no more frequently than what happens in most menopausal women on no hormonal supplement

In Men:

- ☞ Decreased sperm count
- ☞ Decreased testicular mass
- ☞ Minimal prostate enlargement
- ☞ Acne is a rare occurrence

What are the risks involved?

Hormone replacement therapy with pellets has an extremely low incidence of side effects. Pellets do not have the same risk of breast cancer as Prempro or synthetic Methy-testosterone. In fact, studies show a reduction in the incidence of breast cancer with the implantation of testosterone pellets, with or without estradiol pellets.

How long will it take to work?

Most patients report that they begin to experience improvement within several days of receiving the pellets. The overall positive benefits will be achieved within the first 4 weeks of the initial insertion and maintained at peak effectiveness with every maintenance dose that follows.

I get horrible headaches, will this therapy help?

Yes, Re-Vita' Life can have great success with hormonally related menstrual migraine headaches.

I have no libido, can Re-Vita' Life help?

Yes, hormone balance with Re-Vita' Life will restore your desire and sexual responsiveness. Sexual intimacy will be more enjoyable.

For more information contact:

Joann Richichi, DO
239 Hurffville-Crosskeys Rd. • Suite 250
Sewell, NJ 08080
856-262-8300 • www.myobgyndocctors.com